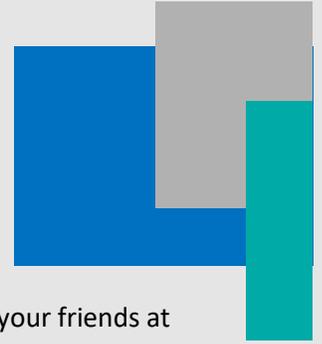


# ADHD Awareness Month: Facts You Need To Know



October is ADHD (Attention Deficit Hyperactivity Disorder) Awareness Month and your friends at KCH are here to provide you with facts pertaining to this disorder. What is ADHD? According to the CDC, ADHD is one of the most common neurodevelopmental disorders of childhood. It is usually first diagnosed in childhood and often lasts into adulthood. The disorder affects how a child or adult pays attention and their behavior.

There are three different types of ADHD:

- **Predominantly Inattentive Presentation:** This is where it's hard for an individual to organize or complete a task, pay attention to details or follow instructions.
- **Predominately Hyperactive-Impulsive Presentation:** This is where a person fidgets or talks an unusual amount. It is hard for them to sit for a long period of time (i.e. during meals or class) as these individuals tend to feel restless and have trouble with impulsivity behaviors (i.e. interrupt others frequently, speak at inappropriate times).
- **Combined Presentation:** Individuals have symptoms of the above two types that are equally present.

## Who Does ADHD Affect?

ADHD is a non-discriminatory real, brain based medical disorder that affects people of every age, gender and socio-economic background. Diagnosing ADHD is a complex process that takes several steps. An individual must demonstrate numerous symptoms related to the behaviors listed above for a minimum of six months before they can be considered to have a disorder.

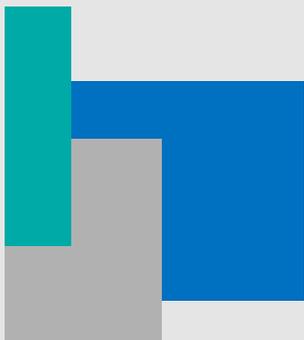
It's important to note that ADHD is nobody's fault! Research shows that ADHD is both highly genetic, with a majority of ADHD cases having a genetic component, and a brain-based disorder. It is crucial for these individuals to receive treatment to help subside their symptoms. Remember to be patient with those around you suffering from ADHD and to treat everyone with respect always!

***Please consult with your family pediatrician if you have questions regarding ADHD with your child or teen. Looking for a family pediatrician? We can help!***

**KCH Pediatric Health Care**

**574-269-8338**

[LutheranHealthPhysicians.com](https://www.lutheranhealthphysicians.com)



<https://www.cdc.gov/ncbddd/adhd/facts.html>  
<https://www.adhdawarenessmonth.org/adhd-facts/>

