



December  
19-23

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Dear Families,

Words have power. Whether they are written or spoken, words are definitely powerful. They can be used to uplift or put down. They can reveal kindness or hate. They can ridicule and harass OR compliment and encourage. I challenge you to discuss these questions with your child: *What do your words do? Do they make people smile or cause hurt? Are you monitoring what comes out of your mouth? Are your words kind? Are they necessary? Are they true?*

Once words leave our lips, they can't be taken back. I challenged our students and staff today to use our words wisely. Choosing words that uplift and compliment others will make our school a better place to learn and grow.

I wish you all Happy Holidays and fun times with your extended families in the coming weeks. We'll see you back in school on January 4<sup>th</sup>!

*Cordially,*  
Mrs. Cook

### Show Your Holiday Spirit!

The halls abounded with fun holiday apparel this past week. Cozy pajamas, light-up hats and goofy antlers, and crazy Christmas sweaters. More fun is yet to come with just two more days next week.

Dec. 19 Trojan PRIDE/Blue and Gold  
Dec. 20 Dress Like a Christmas Tree/Red & Green

### Trojan PRIDE T-shirt Winners from 12/9/2022

Lexi Houlihan  
Avery Marocco  
McKenna Hall  
Charlie Johnson

### PTO Popcorn Pickup

Popcorn orders will be ready for pickup **TODAY** December 16, 3:00-5:30pm in the Triton Elementary cafeteria. Thank you for supporting the PTO and enjoy your tasty treats from the Dutch Kernel!

### RIF Distribution - Dec. 19

Love a good book? PTO is sponsoring a free book distribution for students on Monday, Dec. 19. Everyone gets to choose a free book to take home and enjoy over the holidays! Thanks, PTO!

I'm a little reindeer,  
Ready to fly.  
I'll pull Santa's Sleigh  
Up in the sky.  
Christmas is here.  
We can't be late.  
All the children  
Just cannot wait!



## Next Week's Menus

### Breakfast

#### Monday, December 19

Cinnamon or Blueberry Pop Tarts, Pears, Grape Juice and Milk

#### Tuesday, December 20

Strawberry Bagel, Mixed Fruit, Apple Juice and Milk

#### Wednesday, December 21

NO SCHOOL

#### Thursday, December 22

NO SCHOOL

#### Friday, December 23

NO SCHOOL

### Lunch

#### Monday, December 19-"Christmas Meal"

Orange Chicken, Fried Rice/Fortune Cookie, Steamed Broccoli/Mixed Vegetables, Mandarin Orange, Ice Cream Cup and Milk

#### Tuesday, December 20

Hot Dog Plain or W/Chili, Baked Beans/Baby Carrots, Chips, Fruit and Milk

#### Wednesday, December 21

NO SCHOOL

#### Thursday, December 22

NO SCHOOL

#### Friday, December 23

NO SCHOOL

All menus are subject to change.

Milk & condiments are offered with every meal. Salad dressing is served with lettuce and ranch dip with fresh vegetables. Yogurt and Uncrustables are offered as an alternate main dish.

This institution is an equal opportunity provider. *Preschool students* will always receive Choice A as the main dish and the first vegetable listed above.

## Upcoming Events

- Dec 19            Grade 2 Music Program, 6:30pm, Performing Arts Center  
RIF Book distribution during school
- Dec 20            All School Sing at 2:15 p.m. in the Elementary Gym
- Dec 21-Jan 3     Christmas Break-No School!!
- January 4        School Back in Session

